

All Saints Badminton Club www.allsaintsbc.co.uk

Use a Search Engine > *Badminton England advice for young people*> or go directly to:-

<https://www.badmintonengland.co.uk/landingpage.asp?section=5703§ionTitle=Advice+for+young+people>

You will find advice like the following included on the webpage & and much more besides.

Be safe and enjoy your badminton

If you are concerned about anything at all, look for help from a reliable adult.

*Badminton England supports you absolutely. It believes Clubs should have a Welfare Officer to help you. **In your Club, All Saints**, your parents or carers act as Club Welfare Officers*

TELL YOUR PARENTS OR CARERS

or if you can't

Tell your coach (if is not about them)

OR if you have any doubts about speaking to any adult you know,

YOU CAN RING



You can email Badminton England by email:- safeguarding@badmintonengland.co.uk

Badminton England also say:-

you can find advice for staying safe online by telephoning

Childline

0800 1111

Eating Disorders

Badminton England also refers to eating disorders. They say:-

For advice on eating disorders go to:- <https://www.b-eat.co.uk>